**Plants & Herbs at the Fairbanks House**

**Maintained by the Fairbanks Garden Club**

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| Baptisia australis |  | FALSE INDIGO |  | used for blue dye |  |  |
| Asclepias syriaca |  | MILKWEED |  | food - Monarchs |  |  |
| Salvia officinalis |  | SAGE |  |  | improved digestion |  |  |
| Ruta graveolens |  | RUE |  |  | antidote for poison  |  |  |
| Artemisia absinthium | WORMWOOD ARTEMESIA | used to treat worms |  |
| Rheum rhabarbarum | RHUBARB |  |  | purgitive & astrigent |  |
| Rumex acetosella |  | SHEEP'S SORREL |  | eaten to prevent scurvy |  |
| Salvia farinacea |  | SALVIA |  |  | ornamental |  |  |
| Helianthus tuberosus | JERUSALEM ARTICHOKE |  root eaten as vegetable |  |
| Lavandula augustifolia | LAVENDER |  | remedy for fainting  |  |  |
| Allium schoenoprasum | CHIVES |  |  |  lower blood pressure |  |
| Mentha spicata |  | SPEARMINT |  | remedy for nausea  |  |  |
| Monarda didyma |  | BEE BALM |  | colonial tea substitute  |  |
| Symphytum officinale | COMFREY |  |  | healed broken bones |  |
| Melissa officinalis |  | LEMON BALM |  | tea, attracts bees |  |  |
| Thymus serpyllum |  | MOTHER OF THYME |  | used for headaches |  |  |
| Thymus citriodorus |  | LEMON THYME |  | seasoning & antiseptic |  |
| Artemesia dracunculus | TARRAGON |  | used in cooking |  |  |
| Tanacetum vulgare |  | TANSY |  |  | embalming  |  |  |
| Santolina  |  | SANTOLINA |  | moth repellent |  |  |
| Artemisia abrotanum | SOUTHERNWOOD |  | moth repellent |  |  |
| Hyssopus officinalis |  | HYSSOP |  |  | strewing herb |  |  |
| Galium verum |  | LADY'S BEDSTRAW |  | mattress stuffing  |  |  |
| Asclepias tuberosa |  | BUTTERFLY MILKWEED | food - Monarchs |  |  |
| Pycnanthemum |  | MOUNTAIN MINT |  | native plant/pollinator |  |
| Lychnis coronaria |  | ROSE CAMPION |  | diuretic, kidney stones |  |
| Silene caroliniana |  | WILD PINKS |  | native plant/pollinator |  |
| Asclepias incarnata |  | SWAMP MILKWEED |  | food - Monarchs |  |  |
| Origanum marjorana | MARJORAM |  | seasoning & medicinal |  |
| Geranium maculatum | CRANESBILL GERANIUM | dysentery & sore gums |  |
| Satureia montana |  | WINTER SAVORY |  | diuretic  |  |  |  |
| Achillea millefolium  | YARROW |  |  | tissanes and ointments |  |
| Rubia tinctorum |  | MADDER |  |  | red dye plant |  |  |
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