**Plants & Herbs at the Fairbanks House**

**Maintained by the Fairbanks Garden Club**

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| Baptisia australis | |  | FALSE INDIGO | |  | used for blue dye | |  |  |
| Asclepias syriaca | |  | MILKWEED | |  | food - Monarchs | |  |  |
| Salvia officinalis | |  | SAGE |  |  | improved digestion | |  |  |
| Ruta graveolens | |  | RUE |  |  | antidote for poison | |  |  |
| Artemisia absinthium | | | WORMWOOD ARTEMESIA | | | used to treat worms | | |  |
| Rheum rhabarbarum | | | RHUBARB |  |  | purgitive & astrigent | | |  |
| Rumex acetosella | |  | SHEEP'S SORREL | |  | eaten to prevent scurvy | | |  |
| Salvia farinacea | |  | SALVIA |  |  | ornamental | |  |  |
| Helianthus tuberosus | | | JERUSALEM ARTICHOKE | | | root eaten as vegetable | | |  |
| Lavandula augustifolia | | | LAVENDER | |  | remedy for fainting | |  |  |
| Allium schoenoprasum | | | CHIVES |  |  | lower blood pressure | | |  |
| Mentha spicata | |  | SPEARMINT | |  | remedy for nausea | |  |  |
| Monarda didyma | |  | BEE BALM | |  | colonial tea substitute | | |  |
| Symphytum officinale | | | COMFREY |  |  | healed broken bones | | |  |
| Melissa officinalis | |  | LEMON BALM | |  | tea, attracts bees | |  |  |
| Thymus serpyllum | |  | MOTHER OF THYME | |  | used for headaches | |  |  |
| Thymus citriodorus | |  | LEMON THYME | |  | seasoning & antiseptic | | |  |
| Artemesia dracunculus | | | TARRAGON | |  | used in cooking | |  |  |
| Tanacetum vulgare | |  | TANSY |  |  | embalming | |  |  |
| Santolina | |  | SANTOLINA | |  | moth repellent | |  |  |
| Artemisia abrotanum | | | SOUTHERNWOOD | |  | moth repellent | |  |  |
| Hyssopus officinalis | |  | HYSSOP |  |  | strewing herb | |  |  |
| Galium verum | |  | LADY'S BEDSTRAW | |  | mattress stuffing | |  |  |
| Asclepias tuberosa | |  | BUTTERFLY MILKWEED | | | food - Monarchs | |  |  |
| Pycnanthemum | |  | MOUNTAIN MINT | |  | native plant/pollinator | | |  |
| Lychnis coronaria | |  | ROSE CAMPION | |  | diuretic, kidney stones | | |  |
| Silene caroliniana | |  | WILD PINKS | |  | native plant/pollinator | | |  |
| Asclepias incarnata | |  | SWAMP MILKWEED | |  | food - Monarchs | |  |  |
| Origanum marjorana | | | MARJORAM | |  | seasoning & medicinal | | |  |
| Geranium maculatum | | | CRANESBILL GERANIUM | | | dysentery & sore gums | | |  |
| Satureia montana | |  | WINTER SAVORY | |  | diuretic |  |  |  |
| Achillea millefolium | | | YARROW |  |  | tissanes and ointments | | |  |
| Rubia tinctorum | |  | MADDER |  |  | red dye plant | |  |  |
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| 2021 |  |  |  |  |  |  |  |  |  |